

# Japanese Cuisine



## APPETIZER AND SALAD

J 1.	* Nigiri (5 pieces)	11.95
J 2.	* Sashimi (8 pieces assorted raw fish)	14.95
J 3.	* Spicy Kani Salad <i>Crabmeat with spicy mayonnaise, tobiko, and cucumber</i>	10.95
J 3a.	* Spicy Avocado Salad <i>Crabmeat, cucumber with spicy mayonnaise</i>	12.95
J15a.	Kimchi Salad (Korea)	8.50
J 16.	Seaweed Salad	8.00
J 17.	Black Pepper Tuna Tataki <i>Sliced black pepper tuna, special sauce</i>	13.95
J 18.*	Spicy Tuna Salad <i>Tuna seaweed salad with cucumber, spicy mayonnaise</i>	13.95
J 25.	Gyoza <i>Pan fried pork and vegetable dumpling</i>	8.95
J 27.	Edamame <i>Steamed salted soy bean pods</i>	7.95
J 32.	Tuna Tataki	12.95



Seared thin slices of tuna served w. wasabi & ponzu sauce

NIGIRI AND SASHIMI		(2 pcs.) Nigiri	(3 pcs.) Sashimi
J 38.*	White Tuna (Maguro)	6.95	9.00
J 39.*	Tuna (Maguro)	6.95	9.00
J39a.*	Spicy Tuna (Maguro)	6.95	
J 40.*	Fresh Salmon (Sake)	6.95	9.00
J 41.*	Yellowtail (Hamachi)	7.95	9.00
J 42.*	Red Snapper (Izum tai)	6.95	8.00
J 43.	Eel (Unagi)	7.95	9.00
J 44.	Crab (Kani kama)	6.95	7.50
J 46.*	Smoked Salmon	6.95	9.00
J 52.*	Flying Fish Roe (Tobiko)	7.50	9.00
J 54.	Shrimp (Ebi)	6.95	8.00



\* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

## MAKI ROLL (For Hand Roll @ Piece Order)

J 59.*	White Tuna Roll	8.95
J59a.*	White Tuna Cucumber Roll	9.95
J59b.*	White Tuna Avocado Roll	9.95
J 60.	Avocado Roll	6.95
J 61.	Cucumber Roll	6.95
J61a.	Avocado and Cucumber Roll	7.95
J 63.*	Tuna Roll	7.95
J63a.*	Tuna Avocado Roll	8.95
J63b.*	Tuna Cucumber Roll	8.95
J 64.*	Salmon Roll	7.95
J64a.*	Salmon Avocado Roll	8.95
J64b.*	Salmon Cucumber Roll	8.95
J 65.*	Negi-Hamachi (Fresh yellowtail and scallions)	8.95
J 66.	California Roll (Crabmeat, avocado, cucumber, tobiko)	8.95
J 68.*	Alaska Maki (Fresh salmon, avocado and cucumber)	8.95
J 69.*	Spicy Salmon Roll	8.95
J 70.*	Spicy Tuna Roll	8.95
J 71.	Shrimp Tempura Roll	11.95
J 72.*	Green Fuji Roll (Fresh salmon, onion, avocado, and seaweed seasoning)	8.95
J 73.	Eel Cucumber Roll	8.95
J73a.	Eel Avocado Roll	8.95
J 74.	Vegetable Roll	6.95
J 75.	Eastern Roll (Shrimp, egg, avocado, and tobiko)	10.95
J 77.*	Philadelphia Roll (Smoked salmon, cucumber, cream cheese)	9.95
J 78.	Spider (Soft shell crab, tempura, cucumber, mayo and tobiko)	11.95
J 79.	Salmon Tempura Roll (with cucumber, mayonnaise and tobiko)	9.95
J 80.	Spicy Tuna Tempura Roll (Deep fried spicy tuna tempura roll)	11.95
J 81.	Golden Coast (Red snapper, egg omelet, eel, cream cheese caviar, and tobiko)	12.95
J 82.	Honolulu Roll (Deep fried roll with salmon, cream cheese, and scallions)	11.95

## CHEF SPECIALTIES



J 85.	East Roll (Cooked salmon, eel, and avocado with spicy mayonnaise)	13.95
J 86.*	Rainbow Roll (California roll with raw fish outside)	15.95
J 87.	Dragon Roll (Eel roll with avocado and tobiko)	15.95
J 88.*	Valentine Roll (Salmon, crabmeat and avocado rolled up with spicy tuna)	15.95
J 89.	Kirin Roll (Shrimp tempura and cream cheese rolled with eel and avocado)	16.95
J 90.*	New York Maki (Tuna, yellowtail and avocado rolled up with eel)	15.95
J 91.*	American Dream Roll (Tuna, salmon, eel and avocado roll with tobiko outside)	15.95
J 92.*	Super Tuna Roll (Black peppered tuna with spicy tuna on the top)	15.95
J 93.	Futo (Cucumber, avocado, crabmeat, egg & eel)	15.95
J 94.	Volcano Roll (Salmon, masago and kani, deep fried and rolled up with eel)	16.95
J 96.*	Butterfly Tuna Roll (Spicy tuna topped with fresh tuna)	15.95
J 97.*	Black Pepper Roll (Black pepper tuna and avocado with chef's special sauce)	13.95
J 98.*	Crazy Roll (Spicy tuna and spicy yellowtail with avocado)	13.95
J 99.*	Ocean View Roll (Spicy tuna roll topped w. tempura red snapper, avocado)	16.95
J100.*	X-Mas (Spicy crabmeat, avocado rolled up w. seared salmon & tobiko)	16.95
J100a.*	White Mountain Roll (Kani, cheese, cucumber roll up w. white tuna, spicy mayonnaise, crunch-panko)	16.95
J101.*	Autumn Roll (Spicy crabmeat, avocado & tobiko)	15.95
J101a.*	Maple Roll (White tuna, egg omelet, avocado roll w. shrimp, tuna, salmon on top w. spicy mayonnaise)	16.95
J102.*	Scorpion Roll (Eel, cucumber, tobiko, shrimp)	15.95
J103.*	Crazy Salmon Roll <i>Spicy salmon roll with avocado rolled with spicy mayonnaise and sesame seeds</i>	16.95
J103a.	Dancing Eel Roll <i>Spicy tuna rolled up, eel, avocado, chili pepper, tobiko on the top</i>	16.95



## SUSHI AND SASHIMI ENTREE

J104.*	Sushi Deluxe (9 pieces of nigiri and 1 tuna roll)	24.95
J105.*	Sushi Regular (7 pieces of nigiri and 1 tuna roll)	22.95
J106.*	Sashimi Deluxe (17 pieces, our chef's special fresh sliced raw fish)	32.95
J107.*	Sashimi Regular (14 pieces, assorted sliced raw fish)	25.95
J108.*	Chirashi (14 pieces, our chef's special variety of raw fish filets served on seasoned rice)	26.95
J109.*	Salmon Special for 1 <i>(4 pieces of sushi, 5 pieces of sashimi and 1 salmon roll)</i>	23.95
J110.*	Salmon Special for 2 <i>(6 pieces of nigiri, 8 pieces of sashimi, 1 spicy salmon roll and 1 salmon roll)</i>	41.95
J111.*	Sushi & Sashimi for 1 <i>(4 pieces of nigiri, 12 pieces of sashimi, 1 California roll)</i>	33.95
J112.*	East Special Sushi for 2 <i>(Our chef's special roll, tuna roll and 14 pieces of assorted sushi)</i>	49.95
J113.*	East Love Boat for 2 <i>(Our chef's special 8 pieces of nigiri, 16 pieces of sashimi, 1 tuna roll and 1 special roll)</i>	69.95
J114.	Unagi Don (Broiled eel with sauce over seasoned rice)	24.95

## UDON (NOODLE SOUP) OR YAKI UDON (STIR FRY)

J130.	Chicken, Beef, or Pork	16.95
J131.	Vegetable or Bean Curd (Tofu)	15.95
J132.	Nabeyaki (Soup only) <i>Shrimp tempura, chicken, and an egg with vegetables</i>	18.95
J133.	Seafood (Shrimp, scallops, and lobster)	22.95
J134.	Shrimp	18.95



East Love Boat

東方紅

# East

## RESTAURANT & LOUNGE

Chinese • Japanese

Gluten Free Available



636 Post Road, Wells, ME 04090

TEL.: (207) 641-8788

FAX: (207) 641-8851

### HAPPY HOURS:

Daily in Lounge

### OPEN HOURS:

Sun.-Thurs.: 11:00am-9:00pm

Fri.-Sat.: 11:00am-10:00pm

Our Dining Room can hold Private Parties or Functions

for 100 to 150 people

❖ Ask for Delivery

❖ Open Year Round

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❖ All Major Credit Cards Accepted

❖ Visit us at [www.EastDining.com](http://www.EastDining.com)

Thai

## APPETIZERS

T 5.	Thai Hot Wings	10.25
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*Fried chicken wings seasoned in our sweet and spicy chili sauce.*

## SOUPS

T14.	Tom Yum <i>Traditional Thai favorite. Hot and sour with lemongrass, kaffir, lime leaves, galanga, lime juice, chili paste, mushrooms, Tofu, Veggies, or Chicken</i>	7.95
	Seafood (Shrimp, scallop, lobster)	13.95
T 15.	Tom Kha Gai <i>Chicken w. kaffir, lime leaves, galanga, bamboo shoots, &amp; mushrooms in coconut milk.</i>	7.95

## THAI FRIED RICE

T21.	Fried Rice <i>Red &amp; green peppers, onions, and basil</i>	
T22.	Spicy Fried Rice <i>Red &amp; green peppers, onion, carrots, and basil in our chili garlic sauce</i>	
T23.	Curry Fried Rice <i>Egg with assorted vegetables cooked with our curry powder</i>	
Choice of:	Chicken, Beef, Pork, Veggies	14.95
	Shrimp	15.95
	Seafood (Shrimp, Scallop, Lobster meat)	22.95
T24.	Pineapple Fried Rice <i>Chicken, eggs, pineapple chunks, cashews, and an assortment of vegetables</i>	15.95

## THAI NOODLE DISH

T30.	Pad Thai <i>Rice noodles w. choice of meat, egg, bean sprouts, &amp; peanuts.</i>	
T31.	Thai Noodles <i>Stir fried flat rice noodles with mixed vegetables and your choice of meat.</i>	
T32.	Drunken Noodle (Pad Khee Mao) <i>Soft flat rice noodles sauteed in chili garlic sauce with red and green peppers, onions, broccoli, carrots, &amp; basil leaves</i>	Lunch Dinner
Choice of:	Chicken, Pork, Tofu or Veggies	12.95 16.95
	Beef	13.95 17.95
	Shrimp, Scallops or Calamari	14.95 21.95
	Seafood	17.95 23.95

## THAI CURRY

T38.	Thai Curry <i>Served with steamed white rice. Brown rice for an additional \$1.00.</i>	
Choice of:	Yellow, Red, Green or Masaman Curry <i>Yellow, Red or Green Curry w. vegs. &amp; basil leaves. Masaman Curry w. potato, pineapple, cashew &amp; basil leaves.</i>	
Choice of:	Chicken, Pork, Tofu or Veggies	12.95 18.95
	Beef	14.95 19.95
	Shrimp, Scallops or Calamari	15.95 21.95
	Seafood (Shrimp, scallop & lobster meat)	17.95 23.95

## THAI CHEF'S SPECIAL

	<i>Served with steamed white rice. Brown rice for an additional \$1.00.</i>	
T44.	Gulf of Siam <i>Generous portion of scallops, shrimp, &amp; fish stir fried in a special blend of fruit juices &amp; spices w. lemon grass, kaffir, lime leaves, Thai herbs, &amp; coconut milk, served over vegs.</i>	15.95 21.95
T45.	Drunken Dish <i>Basil leaves &amp; vegs. served w. Tamarind sauce.</i>	
	Chicken, Pork or Tofu	12.95 18.95
	Beef	13.95 19.95
	Shrimp or Scallops	14.95 21.95
	Seafood (Shrimp, scallop & lobster meal)	17.95 23.95
T46.	Basil Chicken <i>Slices of white meat stir fried with fresh basil and vegetables.</i>	12.95 16.95
T47.	Thai Special Calamari <i>Squid sauteed with garlic, cashews, bell pepper and onion.</i>	14.95 21.95
T48.	General Thai	
	Chicken	12.95 18.95
	Beef	13.95 19.95
	Bean Curd	12.95 18.95

